

Chapter 15

Signal, Contrast and Noise (part 1)

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- **Previous classes:**

- Signal detection (Chaps. 3-7)
- T₁, T₂ and T₂^{*}, GE and SE (chap.8)
- Signal sampling, DFT (Chaps. 9-12)

- **Today's content**

- Signal and noise in MRI
- SNR dependence on imaging parameters

Intro

- Noise is practically inevitable
 - Random / systematic
 - Physiological
- Signal-to-noise ratio (SNR) determines the effectiveness of the imaging
- SNR affects CNR, which determines the usefulness of the image
- Good CNR requires good SNR, but good SNR not necessary means good CNR

Signal and noise

- Revisit the measured spin density

$$\begin{aligned} \text{1D: } \hat{\rho}_m(q\Delta x) &= \frac{1}{N} \sum_{p=-\frac{N}{2}}^{\frac{N}{2}-1} s(p\Delta k) e^{i2\pi pq/N} \quad (\text{Eq. 12.36}) \\ &= \Delta x \sum_{q=-\frac{N}{2}}^{\frac{N}{2}-1} \hat{\rho}(q\Delta x) \delta(x - q\Delta x) \quad (\text{Eq. 12.25}) \end{aligned}$$

$$\begin{aligned} \text{3D: } \hat{\rho}_m(p\Delta x, q\Delta y, r\Delta z) &= \frac{1}{N_x N_y N_z} \sum_{p', q', r'} s(p'\Delta k_x, q'\Delta k_y, r'\Delta k_z) e^{i2\pi(\frac{pp'}{N_x} + \frac{qq'}{N_y} + \frac{rr'}{N_z})} \\ &= \boxed{\Delta x \Delta y \Delta z} \sum_{p, q, r} \hat{\rho}(p\Delta x, q\Delta y, r\Delta z) \delta(x - p\Delta x) \delta(y - q\Delta y) \delta(z - r\Delta z) \end{aligned}$$

Voxel Signal

Voxel Volume

Signal and noise

- Consider equilibrium magnetization and receive coil field

$$\begin{aligned}s \equiv \hat{\rho}_m &\propto \omega_0 M_0 \mathcal{B}_\perp V_{\text{voxel}} \\ &\propto \gamma B_0 \rho_0 \frac{\gamma^2 \hbar^2}{4kT} B_0 \mathcal{B}_\perp V_{\text{voxel}} \\ &\propto \frac{B_0^2 V_{\text{voxel}}}{T} \rho_0 \mathcal{B}_\perp\end{aligned}$$

- Many factors being ignored or constant here
 - T₁, T₂, T₂^{*}
 - RF field: flip angle, B₁ field homogeneity
 - Sequence type, TE/TR/TI/...

Signal and noise

- Noise in MRI
 - Thermal noise (body/object, coil, electronics)
 - Systematic noise (scanner, AC power, etc)
 - Physiological noise (heartbeat, respiration, etc)
- Thermal noise estimation

$$\sigma_{thermal}^2 \propto 4kT \cdot R \cdot BW$$

$$R_{eff} = R_{body} + R_{coil} + R_{electronics}$$

 BW: bandwidth of reception

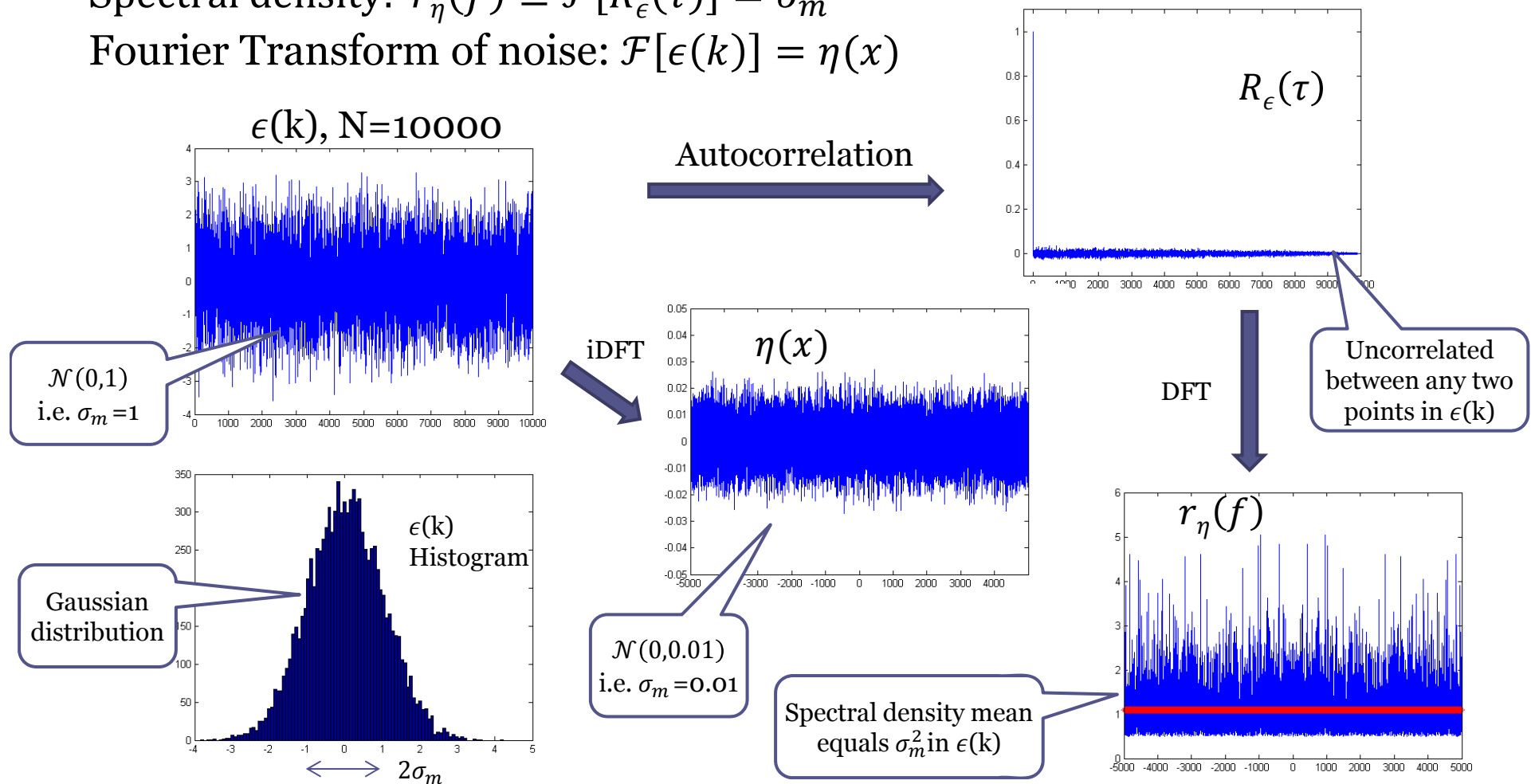
$$s_m(k) = s(k) + \epsilon(k)$$

- For thermal (or white/Gaussian) noise

Autocorrelation: $R_\epsilon(\tau) \equiv \overline{\epsilon(k_p)\epsilon^*(k_q)}|_{\tau \equiv (k_p - k_q)} = \sigma_m^2 \delta(\tau)$

Spectral density: $r_\eta(f) \equiv \mathcal{F}[R_\epsilon(\tau)] = \sigma_m^2$

Fourier Transform of noise: $\mathcal{F}[\epsilon(k)] = \eta(x)$



Noise vs. Imaging parameters

- Noise in MR image

$$\eta(p\Delta x) = iDFT[\epsilon(k)] = \frac{1}{N} \sum_{p'} \epsilon(p'\Delta k) e^{i2\pi p'\Delta k p\Delta x}$$

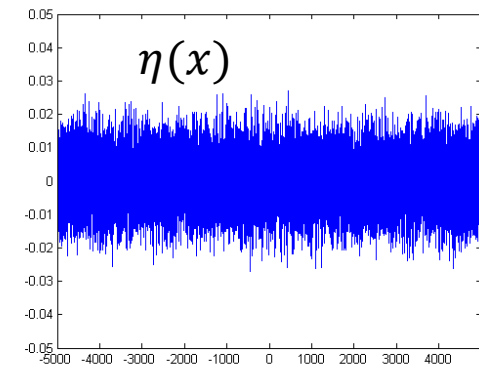
- Properties of noise in image

$$mean(\eta(p\Delta x)) = iDFT[\overline{\epsilon(k)}] = 0$$

$$var(\eta(p\Delta x)) \equiv DFT[R_\epsilon(\tau)] = \frac{\sigma_m^2}{N}$$

- Implications

- White noise in k-space results in white noise in image
- Noise variance (std) in image is N ($\sqrt{N}$) times smaller than in k-space



Improving SNR

- Averaging over multiple repeated acquisitions

$$s_{m,ave}(k) = \frac{1}{N_{acq}} \sum_i s_{m,i}(k) = s_m(k)$$

$$\sigma_{m,ave} = \frac{1}{N_{acq}} \sqrt{\sum_i \sigma_{m,i}^2} = \frac{\sigma_m}{\sqrt{N_{acq}}}$$

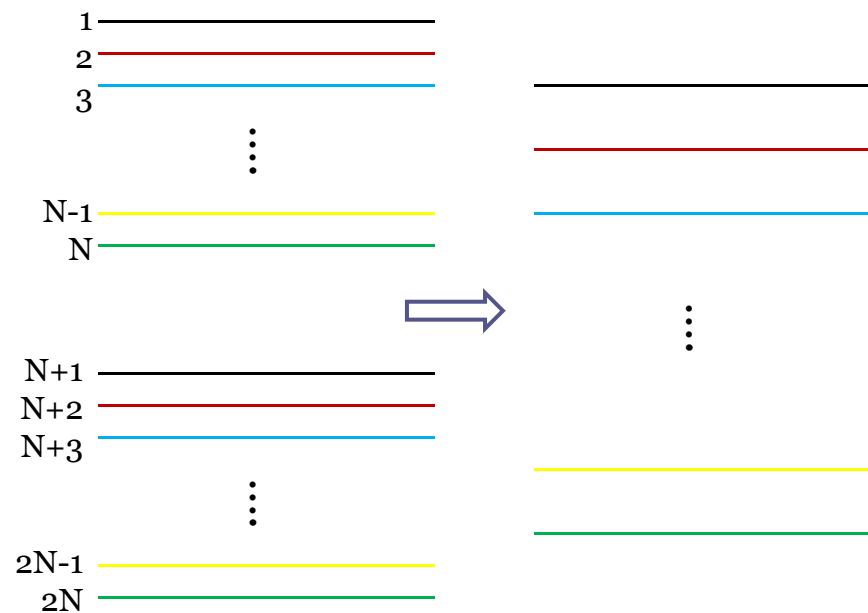
Thus

$$SNR_{m,ave} = \sqrt{N_{acq}} SNR_m$$

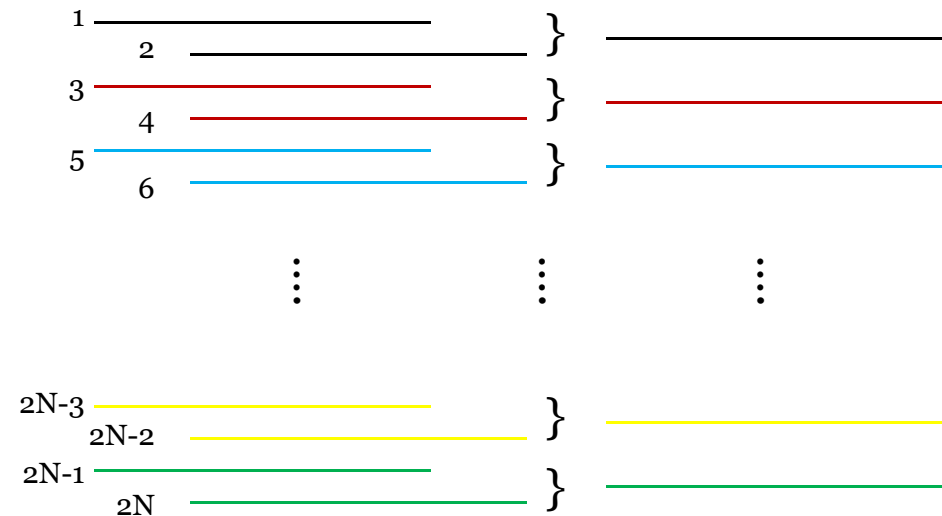
- Properties
 - True for both k-space and images
 - Valid only when noise are uncorrelated between acquisitions, systematic noise such as artifacts will not be reduced

Improving SNR

- Averaging can be done over images or k-space
- Two modes for averaging over k_y



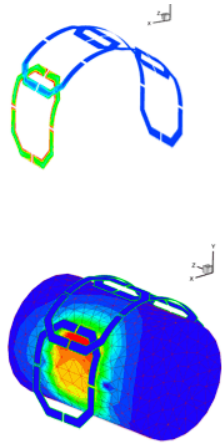
Long term ave



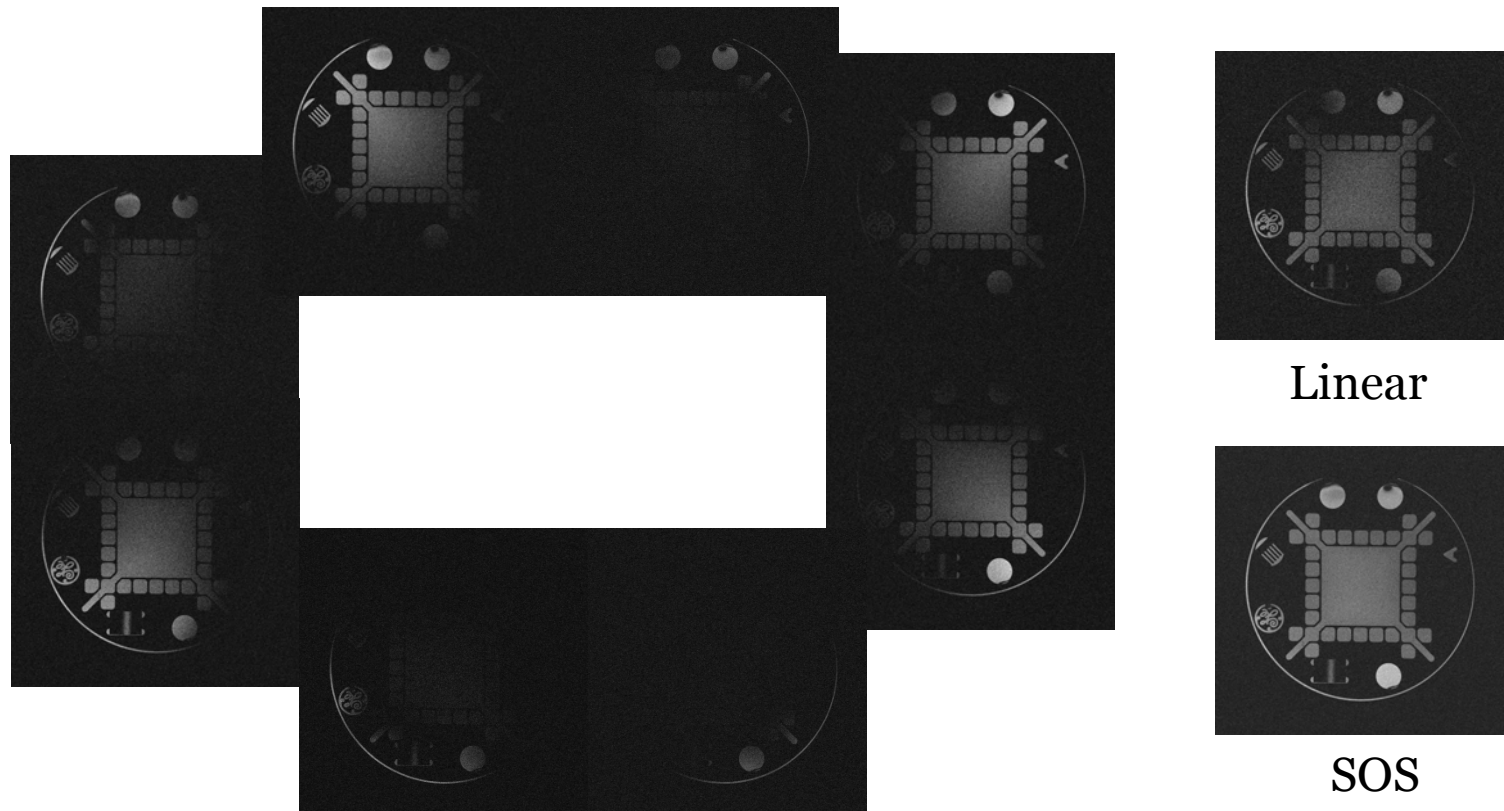
Short term ave

Improving SNR

- Use multiple smaller surface coils (phased array coils)
 - Smaller coil -> less coupling -> less noise
 - Rapidly weakening receive fields $\mathcal{B}$ with distance
 - Sum-of-square offers optimal results over linear combination

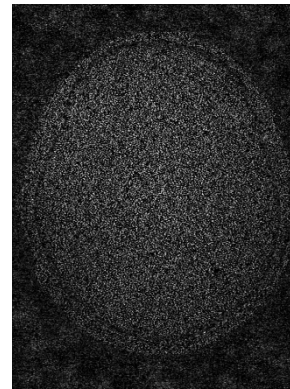
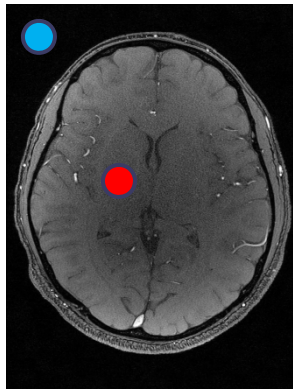


<http://www.insightmri.com/>



Measuring SNR

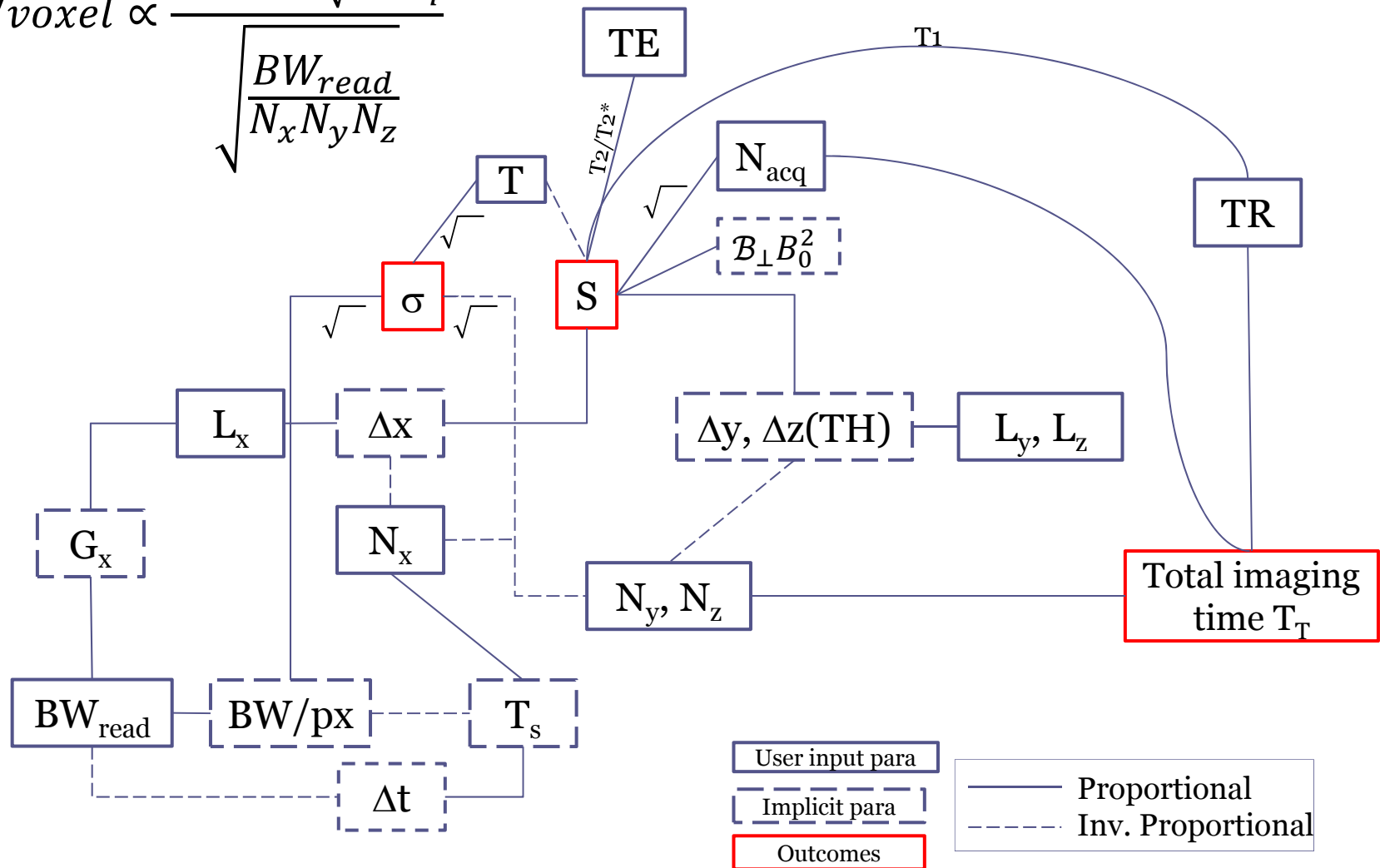
- Mean and std of **ROI in homogeneous regions**
- Use std in **background ROI** to estimate σ_o
($\sigma_{bg} = 0.655 \sigma_o$, Rayleigh distribution)
- $\sigma_{oj} > \sigma_{bg}$
Gaussian vs. Rayleigh; physiological noise
- Scan twice, add and subtract the two images to get mean and std ($\sigma_{sub} = \sqrt{2}\sigma_o$)
- Collect multiple volumes of images for voxel wise SNR (tSNR)



subtracted

SNR dependence on imaging parameters

$$SNR/voxel \propto \frac{\Delta x \Delta y \Delta z \sqrt{N_{acq}}}{\sqrt{\frac{BW_{read}}{N_x N_y N_z}}}$$



Imaging efficiency

- Total imaging time

$$T_T = N_{acq} N_y N_z TR$$

- Imaging efficiency (with otherwise fixed para)

$$\Upsilon \equiv \frac{SNR/voxel}{\sqrt{T_T}} \propto \Delta x \Delta y \Delta z \sqrt{T_s}$$

- Implications

- Large voxels yield better SNR efficiency
- So does longer readout (or lower RO bandwidth). But sometimes T_2^* decay may negate the effects

SNR vs. B_0

- B_0 affects MRI signal and noise in a number of ways, e.g. M_0 , T_1 , T_2 , field inhomogeneity, and thus T_2^*

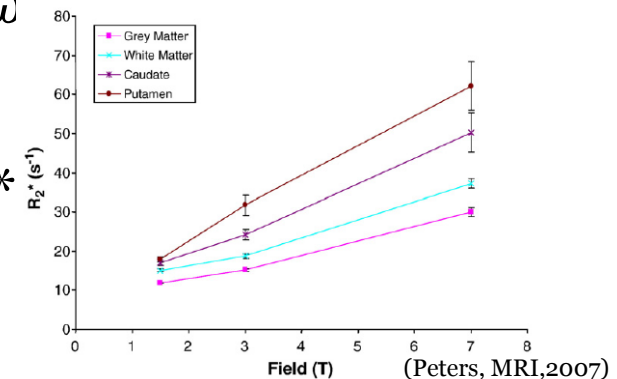
$$\square S \propto \frac{B_0^2 V_{\text{voxel}}}{T} \propto \omega_0^2$$

$$\square R_{\text{eff}}(\omega_0) \approx \begin{cases} R_{\text{coil}}(\omega_0) + R_{\text{electronics}}(\omega_0) \\ R_{\text{sample}}(\omega_0) \end{cases} \propto \begin{cases} \sqrt{\omega_0}, & \omega_0 \ll \omega_{0,\text{mid}} \\ \omega_0^2, & \omega_0 \gg \omega_{0,\text{mid}} \end{cases}$$



$$SNR(\omega_0) \propto \begin{cases} \omega_0^{7/4} \\ \omega_0 \end{cases} \quad \longleftarrow \quad \sigma_{\text{thermal}} \propto \begin{cases} \omega_0^{1/4}, & \omega_0 \ll \omega_{0,\text{mid}} \\ \omega \end{cases}$$

- Higher $B_0 \rightarrow$ longer T_1 , shorter T_2/T_2^*





Homework

- Prob 15.1, 15.3, 15.4, 15.8, 15.10, 15.12, 15.13

Next Session

Chapter 15.3-15.6

Chapter 15

Signal, Contrast and Noise (part 2)

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- **Previous sessions:**

- T1, T2 and T2* , IR (Chap.8)
- Signal sampling, DFT (Chaps. 9-12)
- Signal and noise (Chaps. 15.1-15.2)

- **Today's content**

- Contrast and noise in MRI
- Contrast mechanisms and enhancement
- Partial volume effects, CNR and resolution

Contrast, CNR and visibility

- High SNR is only half the story



- The other half is to be able to distinguish different object/structure/properties, i.e. have good enough contrast with the presence of noise



Contrast, CNR and visibility

- Contrast: simply the signal difference

$$C_{AB} \equiv S_A - S_B$$

- CNR: contrast-to-noise ratio

$$CNR_{AB} \equiv SNR_A - SNR_B$$

when $\sigma_A = \sigma_B = \sigma_0$,

$$CNR_{AB} = \frac{C_{AB}}{\sigma_0}$$

Contrast, CNR and visibility

- Visibility

$$v_{AB} \equiv \frac{C_{AB}}{\sigma_{eff}} = \frac{C_{AB}}{\sigma_0} \sqrt{N_{acq}} = \frac{C_{AB}}{\sigma_0} \sqrt{n_{voxel}}$$

Temporal Spatial

- The Rose Criterion

$$CNR_{AB} > 3 \sim 5$$

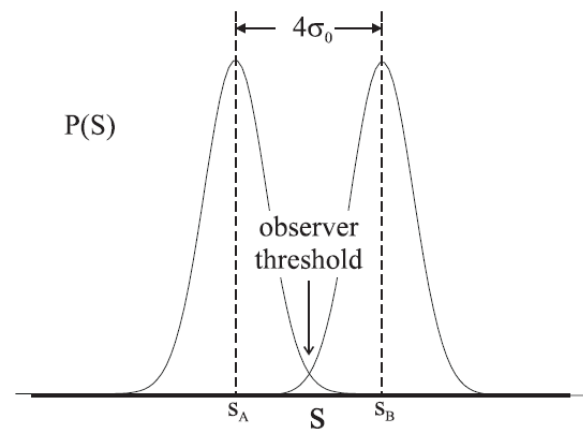


Fig.15.4

Contrast, CNR and visibility

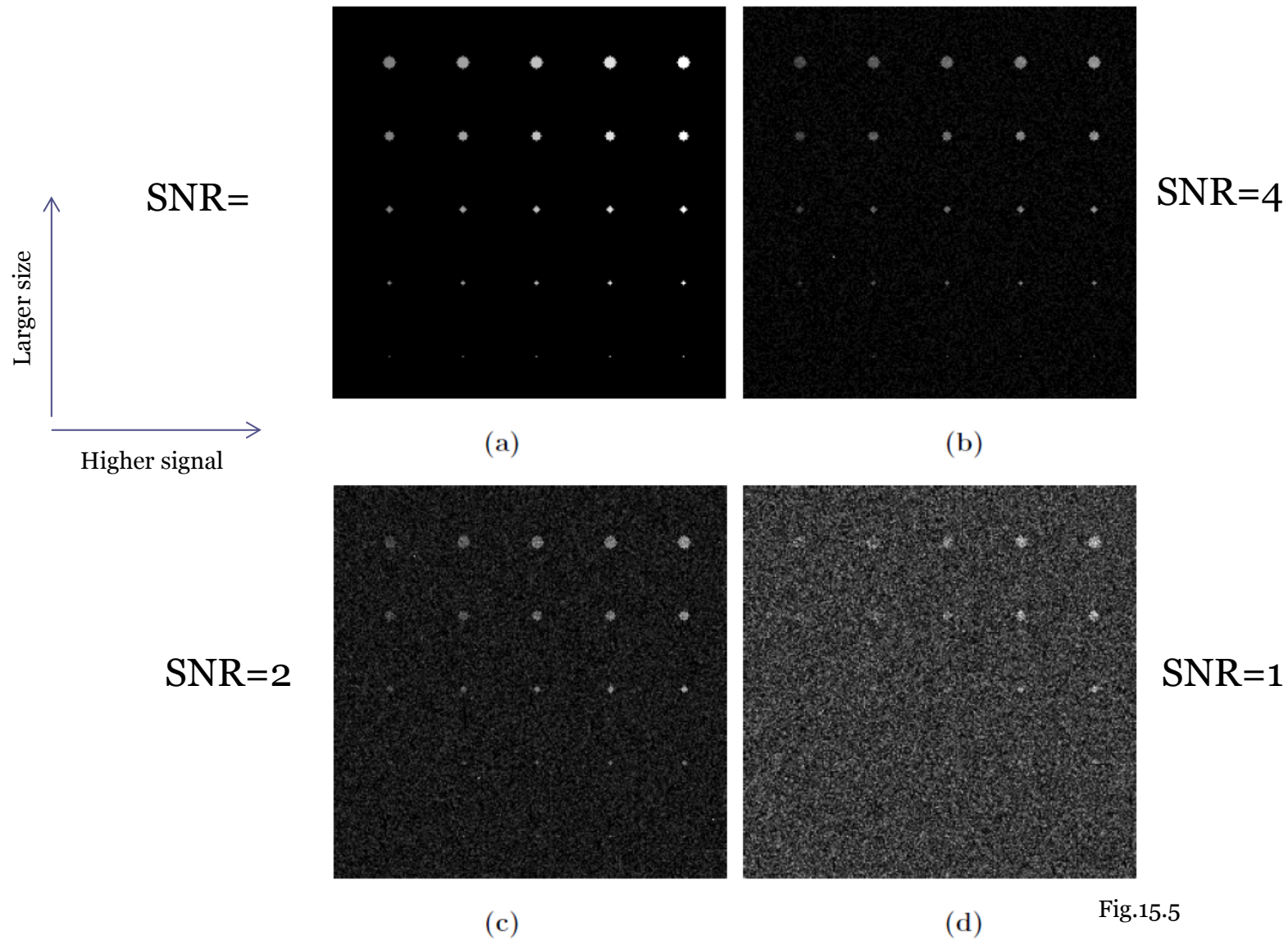


Fig.15.5

Contrast mechanisms in MRI

- MRI is a multiple contrast imaging modality

Intrinsic:

- spin density
- $T_1/T_2/T_2^*/T_1\rho$
- Diffusion
- Chemical shift
- Susceptibility
- Temperature
- ...

Physiological:

- Blood flow
- Perfusion
- Blood oxygenation
- Tissue elasticity
- ...

Sequence specific:

- Steady state (chap.18)
- Selective excitation /suppression
- ...

- Or multiple methods for the same contrast

▣ Example:

T1W : short TE/TR GE, or IR

Signal nulling: IR, selective excitation/saturation, dephasing

Most important contrast types

- ρ_0 , T1 and T2 (T2*)

$$S_A(TR, TE) = \rho_{0,A}(1 - e^{-TR/T_{1,A}})e^{-TE/T_{2,A}^*}$$

$$S_B(TR, TE) = \rho_{0,B}(1 - e^{-TR/T_{1,B}})e^{-TE/T_{2,B}^*}$$



$$C_{AB}(TR, TE) = S_A(TR, TE) - S_B(TR, TE)$$

Most important contrast types

$$S(TR, TE) = \rho_0(1 - e^{-TR/T_1})e^{-TE/T_2^*}$$

- Spin density weighting

$$\begin{array}{ccc} TR & T_1 & \Rightarrow e^{-TR/T_1} \rightarrow 0 \end{array}$$

$$\begin{array}{ccc} TE & T_2^* & \Rightarrow e^{-TE/T_2^*} \rightarrow 1 \end{array}$$

$$C_{AB}(TR, TE) \approx \rho_{0,A} - \rho_{0,B}$$

Note: $\rho_{0,A}$ and $\rho_{0,B}$ are effective spin density

Most important contrast types

$$S(TR, TE) = \rho_0(1 - e^{-TR/T_1})e^{-TE/T_2^*}$$

- T1 weighting

use TE T_2^* $\Rightarrow e^{-TE/T_2^*} \rightarrow 1$

$$C_{AB}(TR) \approx \rho_{0,A} - \rho_{0,B} - (\rho_{0,A}e^{-\frac{TR}{T_{1,A}}} - \rho_{0,B}e^{-\frac{TR}{T_{1,B}}})$$

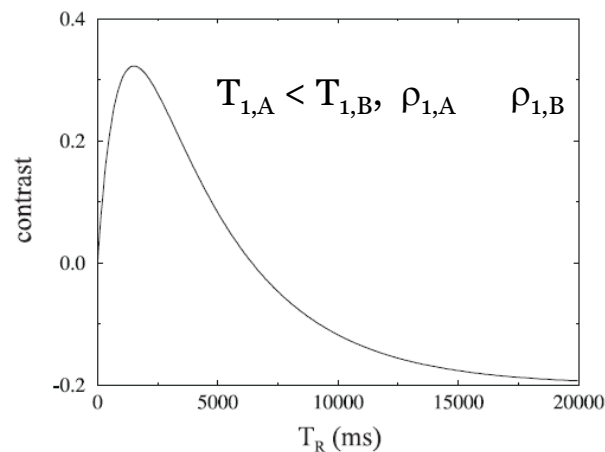


Fig. 15.7b

$$TR_{opt} = \frac{\ln\left(\frac{\rho_{0,B}}{T_{1,B}}\right) - \ln\left(\frac{\rho_{0,A}}{T_{1,A}}\right)}{\frac{1}{T_{1,B}} - \frac{1}{T_{1,A}}}$$

$$= T_{1,A} | T_{1,A} \cong T_{1,B}$$

T1 values at 3T
 GM : ~1200ms
 WM: ~800ms
 CSF: ~2-4s

Most important contrast types

$$S(TR, TE) = \rho_0(1 - e^{-TR/T_1})e^{-TE/T_2^*}$$

- T2* weighting

$$\text{use } TR \gg T_1 \Rightarrow e^{-TR/T_1} \rightarrow 0$$

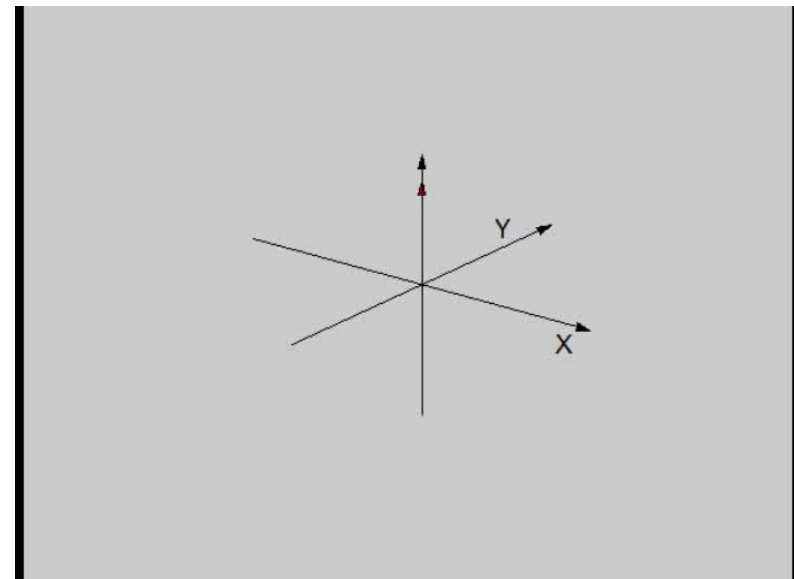
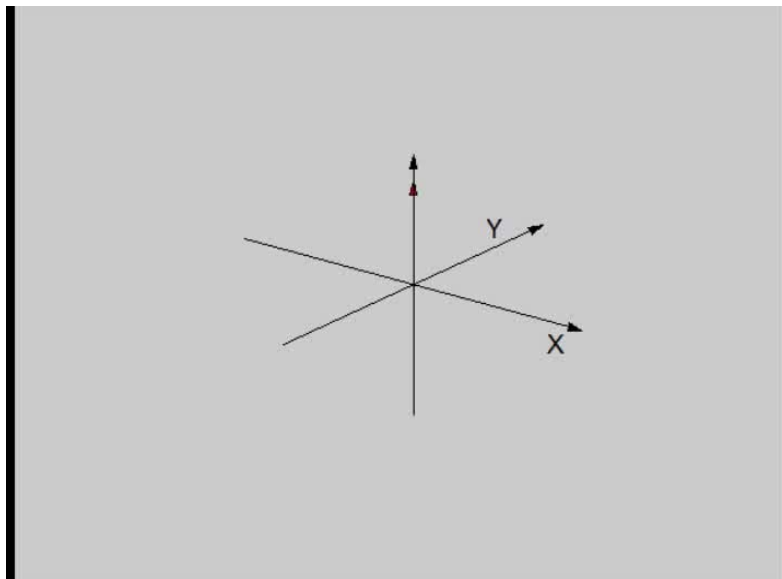
$$C_{AB}(TE) = \rho_{0,A}e^{-\frac{TE}{T_{2,A}^*}} - \rho_{0,B}e^{-\frac{TE}{T_{2,B}^*}}$$

$$\begin{aligned} TE_{opt} &= \frac{\ln\left(\frac{\rho_{0,B}}{T_{2,B}^*}\right) - \ln\left(\frac{\rho_{0,A}}{T_{2,A}^*}\right)}{\frac{1}{T_{2,B}^*} - \frac{1}{T_{2,A}^*}} \\ &= T_{2,A}^* \big|_{T_{2,A}^* \cong T_{2,B}^*} \end{aligned}$$

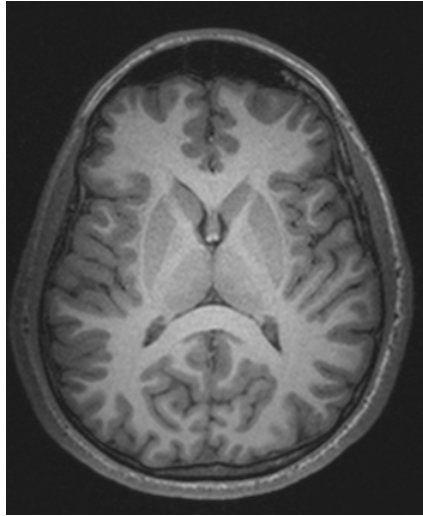
T1 weighting with inversion recovery (Chap 8.4)

$$M_{\perp}(TI, TE) = M_0(1 - 2e^{-\frac{TI}{T_1}})e^{-\frac{TE}{T_2}^*}$$

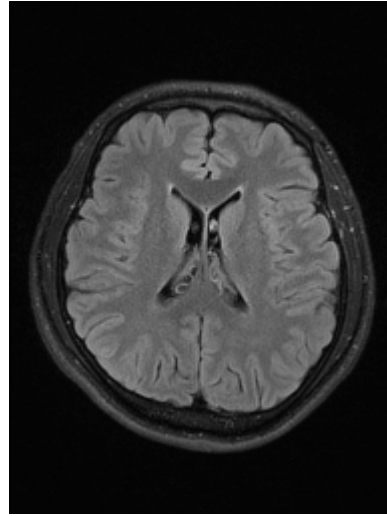
- IR may double the T1 contrast relative to GE
- Optimal TI (?)
- Potential of nulling certain tissues



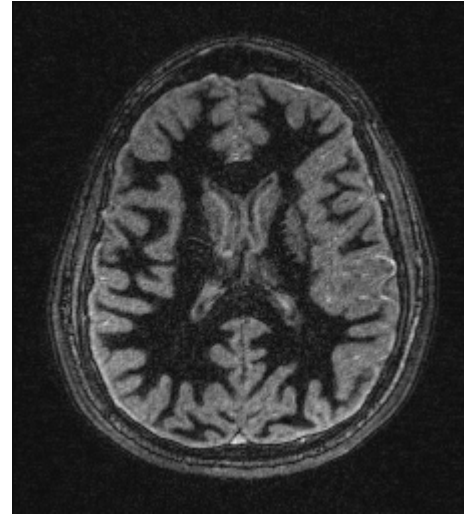
IR examples



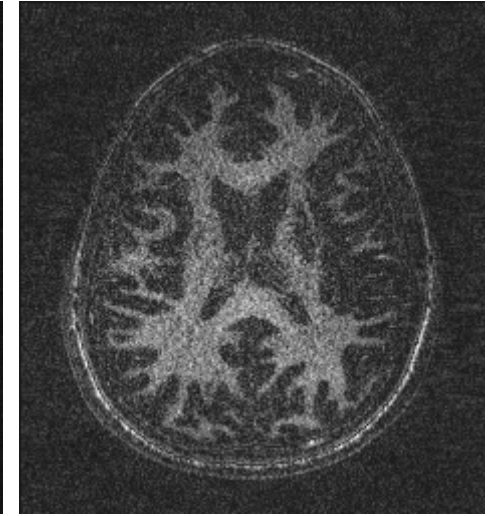
T1W



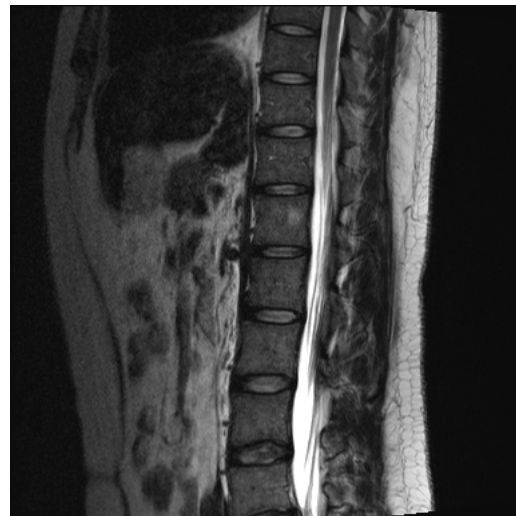
CSF nulling, T2W



WM+CSF nulling



GM+CSF nulling



T2W



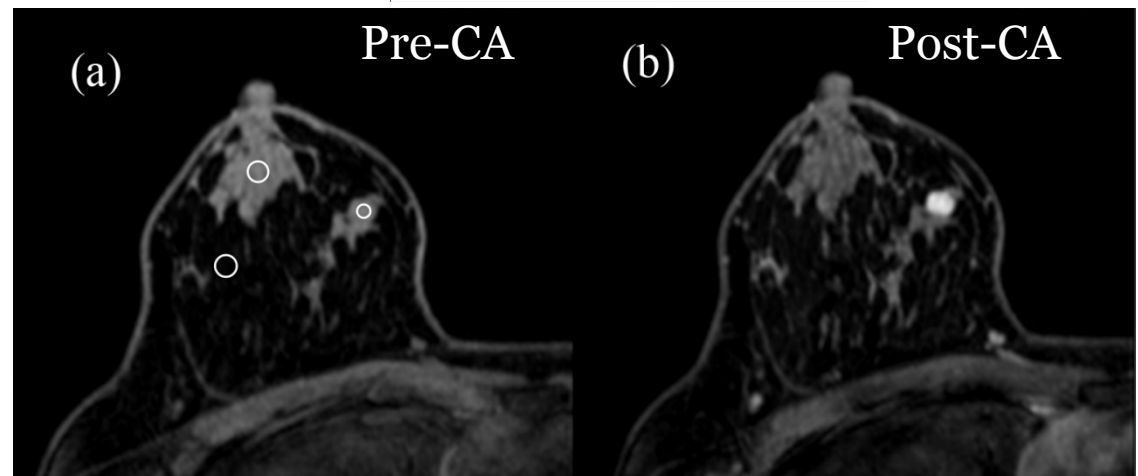
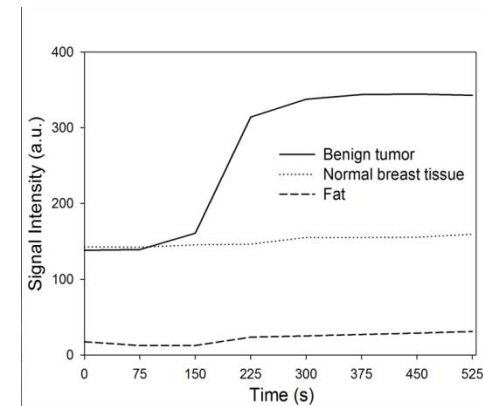
Fat nulling, T2W



Contrast enhancement with T1-shortening agents (Gd)

- With T1 shortened, target tissue will have increased signal in short TR GE images
- T1 shortening effect proportional to agent concentration
- Target tissue example:
 - Blood (MR angiography, perfusion weighted imaging)
 - Tumor
 - Vessel wall lesion

Contrast enhanced images



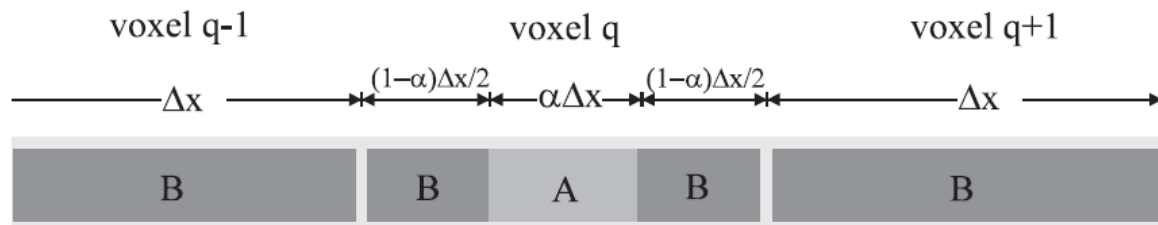
CNR, partial volume and resolution

$$\mathcal{V}_{AB} \equiv \frac{C_{AB}}{\sigma_{eff}} = \frac{C_{AB}}{\sigma_0} \sqrt{N_{acq}} = \frac{C_{AB}}{\sigma_0} \sqrt{n_{voxel}}$$

- Resolution $\rightarrow \sigma_0 \rightarrow n_{voxel} \rightarrow \mathcal{V}_{AB}(?)$
- Partial volumed voxel contains >1 tissues/objects
- Partial volume effect (PVE) is inevitable in in-vivo MR imaging
 - Finite voxel size (0.25mm ~ 4mm)
 - Complex tissue boundaries
 - Micro vasculature/structures
 - ...

CNR, partial volume and resolution

- Size of A: $\alpha\Delta x$, ($\alpha < 1$)
- Size of B: Δx or $\beta\Delta x$, ($\beta < 1$)
- In both scenarios: $C_{AB} = \alpha(S_A - S_B)$
- Noise σ : $\sigma(\alpha) = \sigma_0$, ($\alpha L_x, N$)
 $\sigma(\alpha) = \sigma_0 / \sqrt{\alpha}$, ($L_x, \alpha N$)



(a)

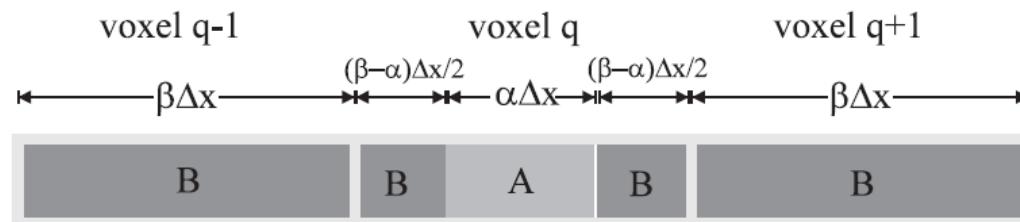
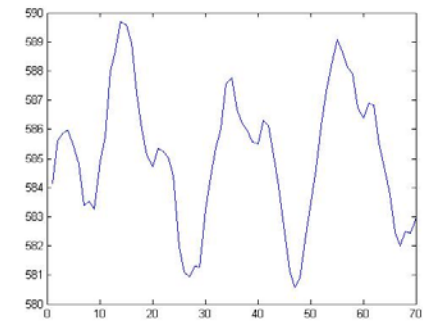
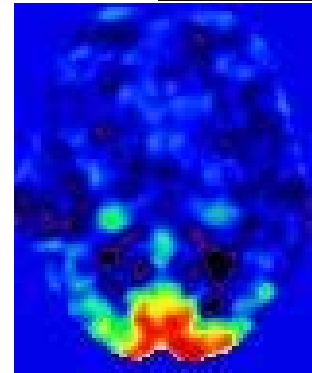
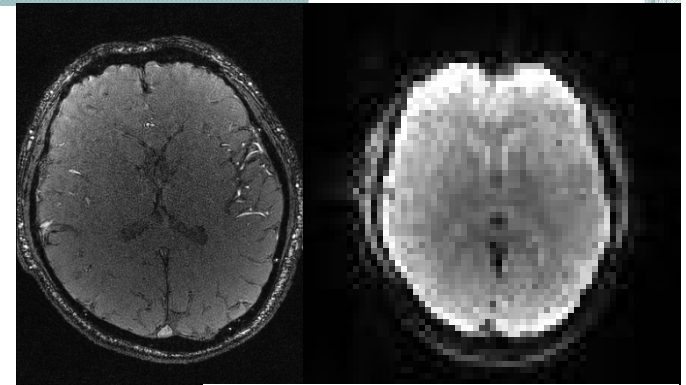


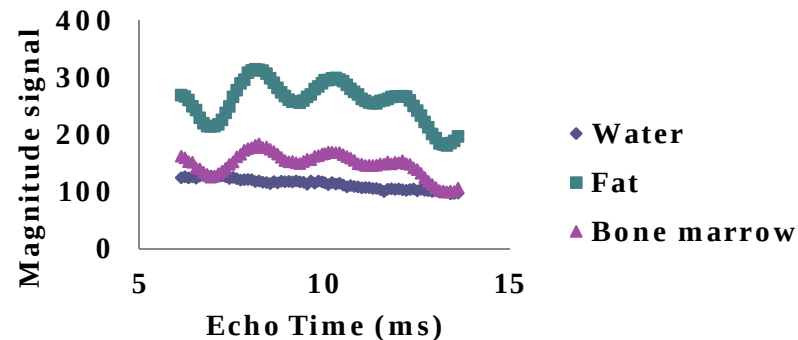
Fig. 15.13

How PVE affects the image?

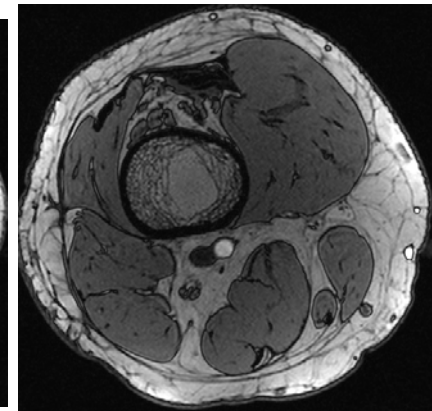
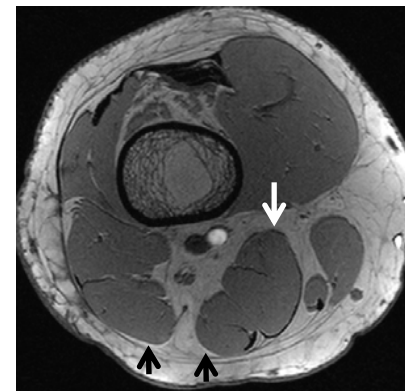
- Blurring
- Signal dephase (T_2'/T_2^* , BOLD imaging, chap 25)
- Double/multiple T_2/T_2^* exponential decay
- Signal cancellation (water/fat)



Signal vs. TE



Note the similarity with Fig. 17.8
Courtesy of Manju



Signal and noise of phase images

- S_{phase} is affected by chemical shift, local susceptibility and/or motion, offering different contrast than magnitude images
- S_{phase} is a relative value since baseline ϕ_0 is unknown
- Only the contrast in phase has useful information
- $\sigma_{phase} = 1/SNR_{mag}$
- Phase may still provides sufficient contrast when magnitude fails



Phase imaging applications

- Chemical shift (fat/water) imaging (Chap. 17)
- B_0 field homogeneity mapping (Chap. 20)
- Phase contrast MR angiography (Chap. 24)
- Blood flow quantification (Chap. 24)
- Susceptibility Weighted Imaging (SWI, Chap. 25)
- ...



Homework

- Prob 15.1, 15.3, 15.4, 15.8, 15.10, 15.12, 15.13

Next Session

Chapter 15.3-15.6



Most important contrast types

- Examples:

T1 values at 3T
GM : ~1200ms
WM: ~800ms
CSF: ~2-4s